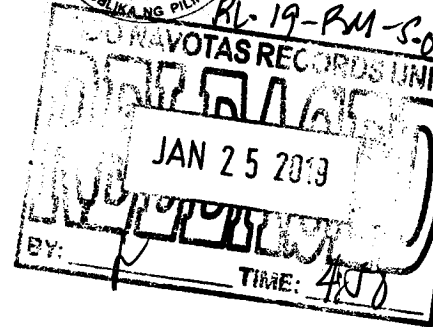




Republic of the Philippines
Department of Education
National Capital Region
SCHOOLS DIVISION OFFICE OF NAVOTAS CITY
Bagumbayan Elementary School Compound
M. Naval St., Sipac-Almacen, Navotas City
Email add.: navotas.city@deped.gov.ph
Tel. No. 351-57-97, 332-77-64



January 25, 2019

To: Public & Private Elementary and Secondary School Principals

Sir/Madam:

Attached is a Regional Advisory No. 10, s. 2019 dated January 14, 2019 relative to the letter of Ms. Jesusa F. Flores, Training Coordinator, Arczone Professional Development, Inc., re: their **3-Day National Seminar-Workshop on Addressing Mental Health Issues in the School Setting** (Live-out seminar) on February 22-24, 2019 at City Garden Suites, 1158 A. Mabini St., Ermita, the contents of which are self-explanatory, for information and guidance.

Very truly yours,


MELITON P. ZURBANO
OIC – Schools Division Superintendent

sms

Republika ng Pilipinas
(Republic of the Philippines)

KAGAWARAN NG EDUKASYON

(DEPARTMENT OF EDUCATION)

PAMBANSANG PUNONG REHIYON

(NATIONAL CAPITAL REGION)

Daang Misamis, Bago Bantay, Lungsod Quezon

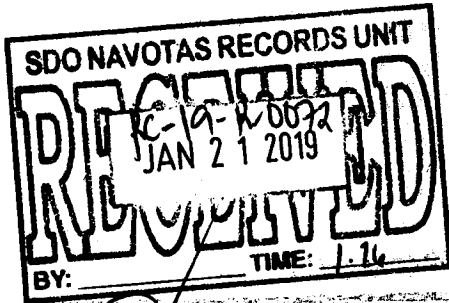
(Misamis St., Bago Bantay, Quezon City)

Department of Education
National Capital Region

RELEASED

By: 14 JAN 2019
Date: 14 JAN 2019 Time: 10

Advisory No. 10 s. 2019
January 14, 2019



Pursuant to DepEd Order No. 8, s. 2013,
this Advisory is issued not for endorsement but
for the information of DepEd Officials, Personnel/Staff, as well as the
concerned public per DepEd Order No. 28, s. 2001
(Visit www.deped.gov.ph)

ARCZONE PROFESSIONAL DEVELOPMENT, INC.

The Arczone Professional Development, Inc. will be holding a Three (3) day Seminar-workshop on addressing Mental Health issues in the School setting on February 22 to 24, 2019 at the City Garden Suites, Ermita Manila.

The seminar-workshop aims to update participants on the latest trends in handling students' mental health issues and promote awareness of their inherent responsibilities in promoting mental health concerns among students.

The target participants are School Administrators, Mid-level Schools Managers, Guidance Counselors and Homeroom advisers and Teachers.

For more details, please contact Ms. Jesusa F. Flores, Training Coordinator, through email at arczone_eduphil@yahoo.com, landline number (02)414.75.89/ (02)781.68.95, mobile number 0921.576.16.76/0905.447.35.34.

ORD/Public Affairs Unit

01-0061-19

January 18, 2019



Dr. Dominico C. Idanan
 Schools Division Superintendent
 DepEd – Division of Pasig City
 Caruncho Avenue, Pasig City

Dear Dr. Idanan:

Republic Act No. 11036 otherwise known as **Mental Health Law** (June 20, 2018) stipulates in Sec. 2 that the state affirms basic right of all Filipinos to mental health as well as the fundamental rights of people who require mental health services. In this regard, Sec. 23 promotes the integration of mental health into the educational system such that the state shall ensure the integration of mental health into the educational system -age- appropriate content pertaining to mental health shall be integrated into the curriculum at all educational levels.

Further, Sec. 24 states that educational institutions such as schools, colleges, universities and technical schools shall develop policies and programs for students, educators and other employees designed to: raise awareness on mental health issues, identify and provide support and services for individuals at risk, and facilitate access, including referral mechanisms of individuals with mental health conditions to treatment and psychosocial support. All public and private institutions shall be required to have a complement of mental health professionals.

In this regard, the proposed seminar-workshop will allow teachers, counselors and school staff to be aware of their inherent responsibilities in promoting mental health as the primary carers of the holistic development of the students. Given the increasing number of mental health concerns of students nowadays, teachers, counsellors, homeroom advisers and school staff are being tapped in assisting the students in addressing their mental health concerns nonetheless of the insufficient number of trained professionals as well as limited capacities of handling these concerns. The topics shall discuss the context of mental health in schools, roles of teachers in the promotion and the latest trends in handling students' mental health issues in the local and foreign settings.


Committed in raising awareness of and promoting mental health at all levels of education, ARCZONE would like to request for your support to this seminar-workshop. We hope that you will help us motivate the participants from your division to avail the program.

We also would like to emphasize that **ARCZONE Professional Development, Inc.** has been accredited by the **Professional Regulations Commission (PRC)** as a **Continuing Professional Development (CPD) Provider**. The CPD unit application for this program is currently on process in the office of the PRC.

Attached are the details of the seminar-workshop. We look forward to working with you in providing high quality professional development to our educators, counselors, and staff.

Thank you very much.

Sincerely yours,


Ms. Jesusa F. Flores
 Training Coordinator



(02) 414 7589 | 781 6895



0921 576 1676 | 0905 447 3534



arczone_eduphil@yahoo.com



A 3-day National Seminar-Workshop on
Addressing Mental Health Issues in the School Setting
(Live-out seminar)

Details of Training

Dates: February 22, 23 & 24, 2019

Venue: City Garden Suites, 1158 A. Mabini Street, Ermita, Manila

Target participants: School Administrator, Mid-level School Managers, Guidance Counsellors,
Homeroom Advisers and Teachers

Registration fee: Php 4,800 (inclusive of snacks, buffet lunches, seminar kits, hand-outs and a certificate)

Program of Activities			
Time	Day 1	Day 2	Day 3
7:30 – 8:30	Registration		
8:30 – 9:00	Opening Program		
9:00 – 10:00	Introduction to Mental Health	Mental Health in Context: Stress and Anxiety	Navigation through Mental Health Problems
10:00 – 10:15	BREAK		
10:15 – 12:00	Mental Health First Aid	Mental Health in Context: Depression	Why should well-being taught on schools?
12:00 – 1:00	LUNCH		
1:00 – 2:30	Basic Counselling Skills	Mental Health in Context: Suicidality / Psychological Assessment of Mental Health	Increasing well-being through Positive Psychology
2:30 – 2:45	BREAK		
2:45 – 4:30	...Continuation	...Continuation	...Continuation
4:30 – 5:00			Closing Program / Awarding of Certificates

Guest lecturers/facilitators are from Philippine Normal University – Manila, De La Salle University – Taft, University of the Philippines – Diliman, University of Santo Tomas – España, etc.

Accredited by:



Civil Service Commission (CSC) as a
Learning and Development Institution



Professional Regulation Commission (PRC)
as CPD Provider

----- **REPLY SLIP** -----

(Reservation is **REQUIRED**. Please send this slip or contact the secretariat for reservation. You may use a separate sheet.)

Name of Participant (s)

Contact Numbers

Company Name and Contact Number (s): _____



(02) 414 7589 | 781 6895



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